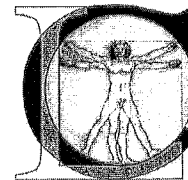
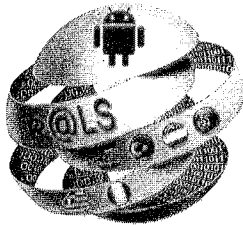




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## MINUTES OF THE 1st LEARNING, TEACHING AND TRAINING ACTIVITIES MEETING

5th- 11th March 2017  
TRADATE / ITALY  
KA2 - N.º2016-1-EL01-KA219-023557

The 1<sup>st</sup> learning, teaching and training activities meeting of the Erasmus plus KA2 project “Power @pp your learning skills” was held from 5<sup>th</sup> to 11<sup>th</sup> March 2017 in Tradate, Italy.

The Portuguese delegation from Agrupamento de Escolas de Barcelos arrived in Tradate on 4<sup>th</sup> March and departed on 11<sup>th</sup> March 2017.

The delegation was composed by two teachers and two students.

The Greek delegation from 1<sup>st</sup> Esperino EPAL of Trikala arrived in Tradate on 5<sup>th</sup> March and departed on 11<sup>th</sup> March 2017.

The delegation was composed by two teachers and two students.

The Hungarian delegation from Móricz Zsigmond Református Kollégium, Gimnázium, Szakgimnázium és Általános Iskola, in Kisújszállás arrived in Tradate on 5<sup>th</sup> March and departed on 11<sup>th</sup> March 2017.

The delegation was composed by two teachers and four students.

The Turkish delegation from Yavuz Sultan Selim Mesleki ve Teknik Anadolu Lisesi arrived in Tradate 5<sup>th</sup> March and departed on 11<sup>th</sup> March 2017.

The delegation was composed by two teachers and two students.

The Spanish delegation from IES Castillo de Luna arrived in Tradate on 5<sup>th</sup> March and departed on 11<sup>th</sup> March 2017.

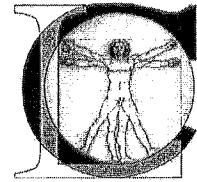
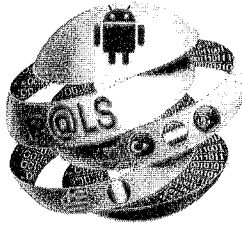
The delegation was composed by two teachers and five students.

The host organisation of the 1<sup>st</sup> learning/teaching and training activities was the Liceo Scientifico “Curie”.

All the participants of the meeting were welcomed by the Educational Community of the host school Liceo Scientifico “Curie” on 5<sup>th</sup> March 2017.

On 6<sup>th</sup> March 2017, at 09:00 am. there was a Welcoming Ceremony at the school’s Conference Hall which included the School Headmaster’s speech, a presentation of the hosting school, a short reminding video of the activities achieved during the 1<sup>st</sup> transnational meeting in Trikala, Greece, an introduction of all the participants of the meeting followed by a guided tour in the school premises.

At 11:00 a workshop was carried out by Mrs Daniela Putzu, whose topic was how food and sport can be combined to provide a healthy way of life.



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In the afternoon, at 14:30, there was a sightseeing tour for all the participants in the meeting who enjoyed and learnt at the Frera Museum and its library. Later on the group could walk through the town centre and Pineta Park.

At 16:00 all the delegations had an official meeting with the Mayoress at the Town Hall.

At 17:30 there was a concert given by the band of the Primary School I.C. "Galilei" at Villa Truffini.

On 7<sup>th</sup> March, from 9:00 up to 13:00 the Italian Application was introduced to all the delegations and they started working the "Runeat" application following the first steps explained by the specialized students so as they all could check how it works. This application deals with the right and balanced combination of sport and exercise along with the proper choice of nutrients so that both young people and adults may enjoy a healthy way of life.

In the afternoon, from 14:30 to 18:30, the delegations started sightseeing visit to Cairate and the Torba Monastery. After that, the group travelled to Castiglione Olona where they walked through the city centre and visited the Palazzo Cardinal Branda, the Colleggiata and its Battistero.

On 8<sup>th</sup> March the delegations worked on the "Runeat" from 9:00 to 12:30. In the first part of the morning the groups were given instructions to run the application. The explanations, given by the Italian students, were useful and the application proved to be easy to work with and the students from the invited delegations enjoyed the different choices that the "Runeat" may offer.

In the second part of the working period, the delegations were divided into groups to develop different activities to try to begin the building of the application step by step. The invited students were allowed to try first with a billiards game, which was an easier step to understand the most complicated parts of the "Runeat".

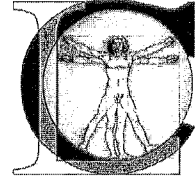
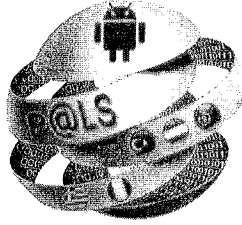
In the afternoon, from 13:00 to 19:30, the delegations had the possibility of a short and pleasant cultural trip to Milan. Once the delegations arrived in the amazing Italian city, the teachers and students enjoyed a guided tour through the Castello Sforzesco, Corso Bonaparte, Via Mercanti and the Duomo and its Piazza.

On 9<sup>th</sup> March, from 9:00 to 13:00 they also work in different sections of the "Runeat". Firstly, they were working in the most difficult parts of the application altogether. Later, they were put into different teams, as they had already done the previous day, in order to build the blocks of the whole programme. Some groups were able to finish the complete application, though it was harder for others. However, all these tasks have proved to be very useful and educational for every single pupil and all the students did their best.

In the afternoon, from 14:00 to 19:30, the delegations travelled by train to Como to sightsee its imposing scenery with its lakes and the mountains surrounding the famous city. Both the teachers and the students went for a stroll



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in the city centre and they visited the Duomo, the ancient church of San Fedele and the city walls. They also had the chance to enjoy a boat ride for a short while to watch the ancient villas built on the banks of the lake.

On 10<sup>th</sup> March, the delegations worked from 9:00 to 10:30 on the last part of the “Runeat”. The Italian students taught the invited students about secondary designing elements of the programme, such as the way the icons and graphics had been selected and how to use them properly. After that, the students who had attended this 1<sup>st</sup> learning, teaching and training meeting filled in a questionnaire whose aim was to get a feedback from every student about his point of view on the whole development of the application achieved in Italy. The questionnaire included not only technical questions about the possibilities of the application but it also tried to get a response on the plastic impact of the design. Besides, the questionnaire wanted to find out the personal likes and dislikes about the final outcome of the project enjoyed throughout this week.

From 11:00 to 13:00, the delegation attended a workshop dealing with Arduino language, which is taught at the Italian school in the IT lessons. Furthermore, they were shown how a 3D printer works. This exhibition was really entertaining, especially for the young ones.

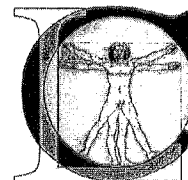
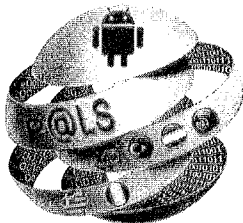
In the afternoon, from 14:30 to 18:00, teachers were appointed to hold a meeting, which dealt with how to increase the possibilities of the Twinspace tool in the development of the project by means of the creation of attractive intercultural activities. Firstly, it was decided that these activities would develop the topics suggested by the applications that have already been carried out in the previous meetings. Then, we agreed to issue our 2<sup>nd</sup> Newsletter before the Portuguese meeting and send all our material to the Spanish school by the middle of April. The Newsletter will contain information about the logo competition, the hosting of the 1<sup>st</sup> Learning, Teaching and Training Activities Meeting in the form of an article with photos, pictures and references to the project's official webpage and supplementary pages and lastly, feedback from the evaluation of the first three activities taught during the Transnational Meeting in Trikala.

In addition, each hosting country of the following meeting will prepare a video or a slideshow presentation to remind us of the previous meeting in order to create a memory bank of our project.

It was also decided that the next meetings' agenda will contain the presentation of our students' intercultural tasks.

Finally, there was feedback from the evaluation of the learning activities taught in Greece and tested in all partner schools by the students' working teams. It was agreed that the completion of the activities was quite satisfactory. The format of the evaluation questionnaires was also proved to be appropriate.

It was jointly decided that a secretary should be appointed for keeping the records of the meetings in the project. This task was assigned to Ms. Katalin Ormeny from the Hungarian school.



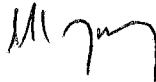
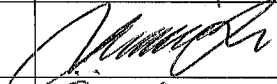
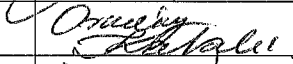
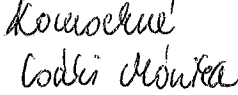

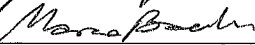
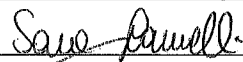

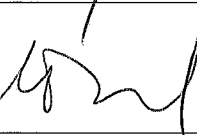
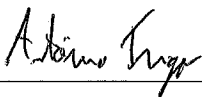


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From 18:00 to 19:00 it was time to attend the Closing Ceremony where there was a concluding speech by the Headmaster and where the Certificates of Attendance were awarded to every participant in the meeting. After this event, every member of the Educational Community that took part in the meeting enjoyed the last moments of this profitable week together.

Tradate, 10th March 2017

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